WINNER OF THE WINGWORD POETRY PRIZE GIRLHOOD

Eshna Sharma

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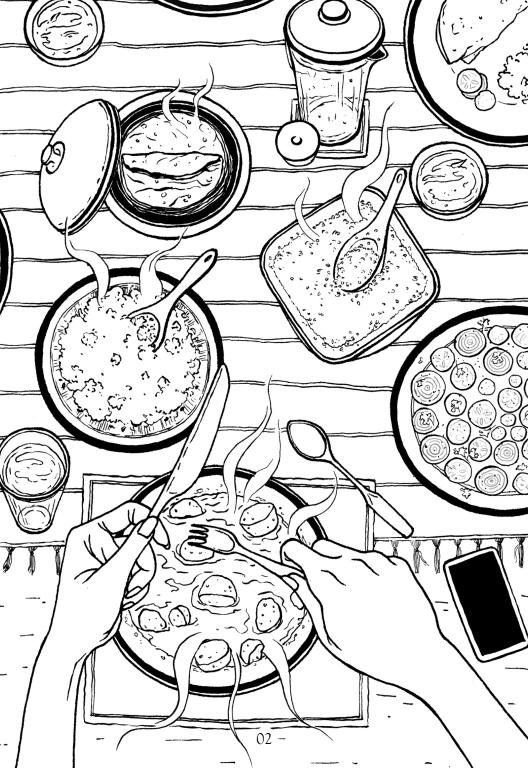
Love

Dinner table Conversations

Glistening crockery the waft of curry chicken the radio begins to play We sit down for dinner

Ma passes around rotis We make mundane conversation "How is work?" "Do you know buaji is visiting us next week?" We smile and laugh Ma fusses over Papa's plate "Why do you eat so less?" she bemoans Ma, why don't you ask him why he drinks more alcohol than water?

Ma heaps a ladleful of fragrant rice on my plate We talk about the weather about the upcoming elections About Donald Trump And the new maid "She puts too much oil in the food, no?" But we don't talk about why Ma is always running out of painkillers, though she stocks the medicine cabinet every 2 weeks



We don't talk about the scars on my sister's wrists, to precise to be called an accident We don't talk about why My cousin divorced her husband last month

But we do talk about the Super Moon, the 50 percent off at the local mall And the Modi government's policies

For dessert we have rice kheer Peppered with cardamom and raisins The subject of marriage is now broached Sharma ji's daughter is getting married next week— "Should we look for a boy for you too?" This time, I smile. "No ma, I've been in love with a girl since I was fourteen."

Love, and Vocabulary

In an attempt to reinforce my shaky vocabulary a direct consequence of my technological dependency, I encourage myself to write down words, I find interesting in ways both good and bad. Then I hold up my notebook and roll them off my tongue:

postulate/marsupial/conviviality shoegaze/wishbone/cossack/parsley pleasant and warm, a little buttery

uvula/phlegm/tartar wound/pontification/fecund all jagged angles, ugly, haywire symmetry

And then of course, there's your name.

Your name—written on a foggy mirror post shower, traced on a bare thigh absent-mindedly, breathed again and again on a phone call till it loses all sense, all meaning language and geography

I keep it safely, unlike the others scrawled carelessly in my notebook, I cradle it, a word so clandestine, like it bypassed censorship, was stolen from the very flames at book-burnings.



The Question of Eloping

He comes under my window on one of those sticky, turbulent summer nights when sleep is scarce and the heat makes lovers restless, as they twist and turn in their beds

Come with me, he whispers, as I rub the sleep from my eyes, "Let's run away and get married", for a brief moment, there is only the sound of the cicadas' orchestra in the rosebushes and my lover's question hangs in the warm air, steeping in the moonlight.

In the room next to mine, my gentle uncle's snores shake the bedframe like tiny earthquakes, my cousin downstairs, is lighting up cigarettes that I snuck for him last week in a few hours, my mother would rouse from her scattered sleep to prepare my favourite dosas for breakfast. I look at my lover this impassioned night-time ghost, heaving and sighing underneath my window. I want to laugh--- what ridiculousness! don't make a fool of yourself, I whisper. come up to my bedroom, and we'll sleep on it--you can leave at first light--- no one will know And please, be careful around the bougainvilleas, my father has been working on them for weeks, and he is quite proud of them.



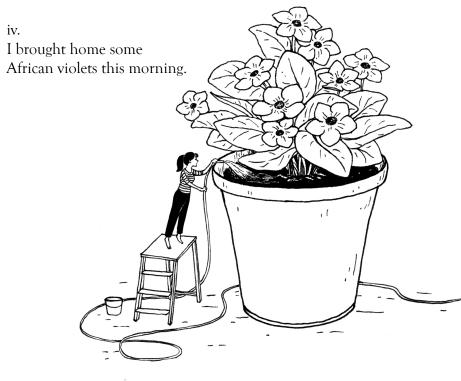
Houseplants

i. I keep forgettingto water my houseplants I buy them from the supermarket All thick, fleshy and green leaves Flowers bursting with colour, with petals that are satin to the touch I keep forgetting and they all diethey shrivel up and wilt melting into the soil And I try To resurrect their tiny skeletons By giving them fresh air By sitting them on my sill, in the warmth of the sun By flooding them with water Till their remains float around morbidly, in a puddle the colour of milky chai

ii. It's always too late, though The azaleas I bought last week? Dead. The purple has rusted to a brown It crumbles at my touch leaving its ashes on my fingertips

iii.

At night when I Sometimes wake shaking and soaking in my sheets I run my hands over the empty side of the bed and wonder– Do I do to other people, too what I do to my flowers?





Group Therapy

They're meeting in that basement on the corner of Latouche street They've got paper cups filled with watered down chai And napkins stained with samosa grease

And that's where you can find them Every Thursday and Saturday Between 5 and 7 But it's not for alcoholics Or drug addicts Or divorcees It's not for cancer survivors Or rape victims' therapy

Under the light of a flickering bulb They sit, huddled The old timers with hollowed faces And haunted eyes Whispering through clouds of cigarette smoke, Consoling sobbing newcomers that look like Deer in headlights They talk of her peppermint breath Her piercing gaze The mole on her left shoulder The softness of her hair Her lurid thoughts Her fixation with demons and death And her kisses, warm, angry, wanting And the scars that they left

But don't be discouraged It's not as gloomy as I've made it seem They bring in guitars on Saturday nights And they sing some of her favorite songs To congratulate men who've moved on, from the girl that consumed them And left a bottomless pit Where a heart should've been, Onto less dangerous addictions Like alcohol and afeem

So now you can find them This group of crazed devotees Amongst the piss stink and walls stained red with paan like some eccentric modern art On the corner of Latouche street, Thursdays and Saturdays, 5 to 7 A support group for broken hearts.

Coming of Age

From a Catholic Classroom

Plastic Jesus nailed to a plastic cross, casting plastic glares, at what I believe, the heathens in class.

May heat runs rivulets across my spine, and I wonder if the Matron is turning to sweaty Christian pulp underneath her endless robes, I wonder if she ever wishes to wear lingerie, if she ever strays from her righteous path.

I could have been practicing the chain stitch, or completing chemistry assignments, yet I sit, untethered, in my hand is a book of hymns, in my head are Unchristian thoughts.

Mouth on mouth. Skin against skin. I count every sin on my fingertips, I make a mental film-scene of every trespass. In a classroom of thirty-five believers, and sits an unfaithful girl, wondering of enlightenment of a different sorts.



Spring Cleaning for the Home (& Heart)

i.

throw all your duvets, towels, linens and underwear into the washer- a capful of detergent, too, por favor This will remove all lint and grime and also the scent of their perfume, once and all.

ii.

if your glass surfaces are beginning to look cloudy, worry not! Vinegar and water ought to do the trick. This works for your vision, too. Take a sip everytime you think of them, it is bitter but quite effective.

iii.

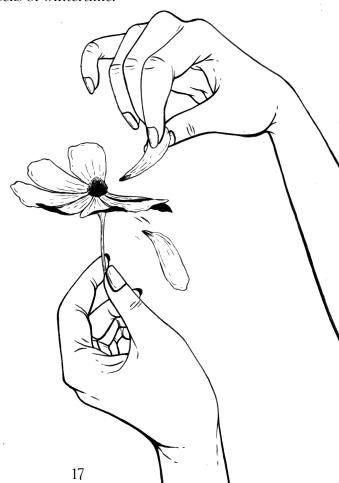
open your drawers throw out all grocery bills, brochures, expired pedicure vouchers, you do not need them anymore. we advise a similar treatment for your phone's gallery, too delete their number, and all of their photos, you do not need them anymore.

iv.

if your house still looks a bit drab, buy some houseplants for a fresh, new look. Give them water, sunlight, fresh air. Care for them gently, and see, for once, that love can be noiseless and soft, and frankly, quite undemanding.

v.

in the evening when you sit down in a house sparklingly clean, and painfully empty, do not open another wine bottle and drink your sorrow away. Instead, call your mother, remember the time when you were fourteen and still living in your parents' house. Ask her why she would turn the house upside-down every spring, scrubbing, soaping, and shouting vacuums and dustpans and bleach the general Sunday morning cacophony. Why, dear, she will reply, do you ever welcome the summer in a house that reeks of wintertime?



Befriending my daughter

I took a five week sabbatical from the bank where I haven't skipped a day in twenty years Five weeks to get to know the girl growing increasingly a stranger under my roof

I wish I knew the songs she hums underneath her breath what jokes she finds funny the names of all her friends

And now silence between us at the dinner table sits so thick and heavy as we eat our stew, that I wish to suck the marrow from lamb bones and tap them for musical notes if just to amuse her, if just to ripple the jelly of uncomfortable quietude with the end of a hot knife

I was taught how to change the car oil, to pay off mortgages and what to do when babies throw up all over the front of my shirt but I was never taught to say "I love you" and "I'm sorry that I don't tell you that I love you enough."

So I just flit about bringing her bowls of cut up fruits, and on Sundays when my worries dull in intensity and weight I cook her lunch and she lets me rub in oil into her thick black hair And for a few minutes, I get a glimpse of her world, and I hope I can raise her to not make the same mistakes as I did, I hope I can raise her to forgive me.



Memories

My memories arrive in the mailbox Amongst bills and insurance company letters Spilling with scent and sound— Dried roses between the pages of secret diaries Filter coffee from the corner restaurant Squelch of wet earth on monsoon days The cry of hawkers passing by in childhood lanes

My memories are everywhere— In the bedsheets when I wake, like oil stains, In the grout of the bathroom tiles, In leaking drain pipes and dirty kitchen sinks They look at me from the mirror— My 6 year old self, mom's lipstick in hand.

They sit at the bar– And I see my first love's face in every new person I meet.

They wake me up in cold sweats, Missed school exams, break up texts, interviews gone wrong, They unpack my grief and hurt And send me handwritten postcards, Photographs attached On the nights I can't fall asleep.

I hold every memory by its hand, the good one that tingles Like cotton candy dissolving on my tongue, and

the bad one that punches me square in the guts.

I offer them a drink,

and ask them to stay awhile.





Hospital Beds and Hospital Smells

The first time you visited the hospital, you were 13, with a broken ankle from playing football, and when the doctor snapped your bone in place, you bit your tongue so hard you tasted copper, later at home, you pukedpartly because of the pain but mostly because of how much you hated that goddamned place and the overpowering lemon and pine scent that hung to everythingan attempt to mask the smell of blood, the latex gloves and the noise they made when the doctor slipped them on and the perpetual squeal of wheelchairs in the corridors, your 13 year old self vowed to never return again. But then you turned 17 And began chewing cigarettes for breakfast, kissing boys in empty classrooms,

you were a fool to not know that razor scars tend to shine and

become visible when the light hits them right,

so you found yourself within those sanitizer smelling walls again, your mother weeping silently into her dupatta as the doctor wrote down your prescription.

And then at 22, You were getting black out drunk every weekendso drunk you would walk on the broken bottles in your room and not feel a thing and they found you one day, on the steps of the hostel, almost unconscious from the abuse, they dragged you to the hospital, and pumped your stomach clean, but they couldn't scrub the copper smell from your nostrils and the taste of latex in your mouth, and by God, you thought were going to die, but you decided to live because you hated hospitals too much to die in one.

The next time you returned, you were holding your mother's hand

IV lines hooked into her wrinkled skin, blue veins running across her body like rivers on a map and suddenly you were 13 again, hating the blood and the urine and the beep of machines and the starched bedsheets, you wanted to leave but you stayed, you slept on the couch and ate hospital canteen food and argued with all the nurses

And then one day, you find yourself in that hateful place, and although you're surrounded by hospital beds and hospital smells, it doesn't feel as bad as the other times, and you smile as you get to hear the heartbeat of the child inside, maybe she will grow up to hate hospitals a little less than you do.

Gun or Glue Factory

The single most peculiar—and infuriating reality of life is, how often it throws at you difficult choices, how often it drags you to the crossroads.

And you want to a punch a signboard, scream at the sky, but you will never know anything apart from the choices you make, you never know which road will lead to investment banker, dead at 22 or twins with a third on the way.

So you find yourself with walls closing in around you, the alarm clock mimicking your mutilated heartbeat, your dreams and waking hours all haunted, tainted, adulterated with questions aching to be answered

A piece of advice for you, my lonely friend, with difficult decisions on your head. The universe is cruel, frankly it couldn't care less about the choices you have to make. You are small, and weak, a speck on a stone in the endless river of time, you are a weary horse-owner with a broken beast at your feet, and the universe laughs as it asks you to choose between the gun and the glue factory.

It prods you and pushes you, there is no escape. Choose, fool.



My Mother Wishes I Were a Better Cook

My mother in the kitchen is military. She marches around the kitchen whipping up culinary delights in the time it takes me to peel a single bulb of garlic

My mother tuts at how I fumble when I wash blood from meat, how I can never slice the tissue in sharp surgeon strokes like her's

When I knead the dough she laughs at how I fight it like I'm in the boxer's ring, then demonstrates the correct way, her forearms taut and rippling with effort

Often I splatter hot oil whilst deep frying vadis, splice a fingertip or two when chopping

globes of tomato.

Sometimes she laughs, sometimes her mouth sits in cruel straight lines of abject, unfiltered disappointment I flounder, I stumble like a cadet on her first day. My mother wishes I were a better cook.

She frets and worries about how I'll get my nutrition,

how I'll char my vegetables and undercook the rice,

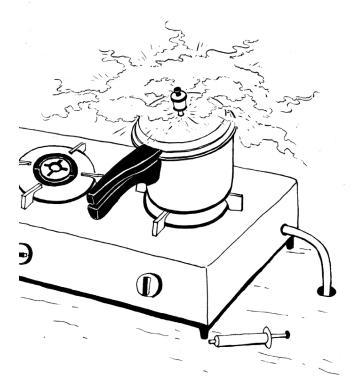
I laugh and offer her consolations.

Truth be told,

the prospect of hunger does not worry me much,

being a writer

I know it quite well, already.



Body

Boys Like You

Middle school, and I saw red in my underwear for the first time Mom told me everything How to deal with becoming a woman How to fight the pain, because that's what women do But she never armed me for the boys at school Boys like you, who laughed at me for the hair on my arms And on my legs Boys like you, who would never like me back For I didn't have long lashes to bat at you Or a wit to amuse you or even a sharp tongue that could wrap around your acid words and dissolve them to nothingness Your laughter rang out in that crowded school bus and reverberated around me, your mockery crushed my tender adolescent heart into tiny, bite sized pieces.

So I took my seat at the back of the bus Out of the sight of Boys like you And I skipped school on the days I bled, afraid of staining my skirt in front of Boys like you And by god, I wouldn't dare to wear anything but long sleeves, even if it was melting outside, for I was afraid to be shamed by Boys like you

But darling, it's been some time since middle school. and I've changed my mind I no longer steal dad's razors Or pull up my socks and roll down my sleeves to hide my body from Boys like you I am longer ashamed of the skin I was born in, no longer spending my days, empty stomached Covering up my acne flare ups or preening myself to impress Boys like you I don't want to be fair and lovely Smooth and hairless like a skinned chicken, thin waisted and starving for Boys like you

I've realized I don't want to be anything

but myself for Boys like you I'm not gonna hide at the back of the bus from Boys like you So, I write this poem today For girls, everywhere, broken by Boys like you And for the future mothers So they don't grow up to raise Boys like you.





Hidden Bodies

"If your body could speak to you, what would it say?"

On a good day, you, let me be. You do not run your hands over me, again and again, as if searching for some hidden wound, you do not grope, pinch, pull at me, like an unfamiliar face sometimes does, in crowded metro carriages

On a bad one, you stand naked in front of the foggy bathroom mirror, staring at me, almost dispassionately looking for places to fixknees too wobbly, nose, crooked hair, cropping up everywhere, thick, dark, like weeds that grows back every season no matter how much the gardener salts it or sprays it or takes to it with a trowel

But I'm not here to preach to you body positivity

I'm sure you've heard enough of that already And no matter how hard you try not to buy into societal norms of beauty, Sometimes the voices of your sixth grade bullies are louder than some stranger-on-theinternet telling you "you're beautiful as you are"

See, I know you love me. things could've been worseyou could have been born a cripple, or deaf or colour blind or with defective genitalia, like Hitler—what the school counselor said, And you love me as a mother loves an unruly child, guarded, held back, as if a single indulgence would spark off a rebellion

But before you start off again tomorrow morning Hammering about your body, fixing what doesn't need fixing stare at yourself hard in the mirror, familiarise yourself with every nook, ridge, cranny touch yourself, and I mean, really touch yourself, do not be perfunctory feel where it is soft, where firm, trace the angles,

give a name to all your scars.

you and I are bound together for a long

journey, my dear

Let us cease to be strangers first.

Girlhood

noun the state or time of being a girl.

Girlhood is– Taut flesh and swollen gums

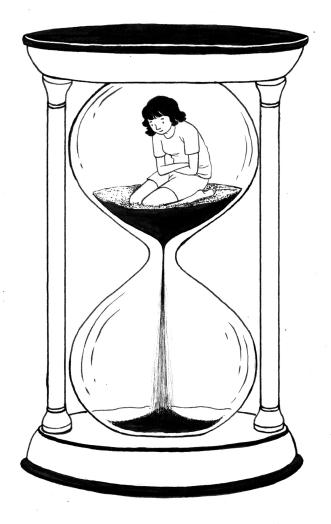
plastic trinket and paper swan blister and eggshell.

sugar syrup and bleach a flaming red gulmohar tree

Girlhood is— A blue-limbed beetle at the bottom of the throat, trying to claw its way out.

A body, pinched, pulled, policed A body still reinforcing itself with connective tissue, calcium and steel.

Girlhood is a body of equal parts cartilage and gossamer, A body not quite used to bruising, yet.



Asma

Every morning, Asma wakes up to the blare of her morning alarm Straddled in her pink comforter, Eyes lidded with the night's dreams, birds-nest hair and bad breath

In the shower, Droplets of condensation Race down her back and bare legs As she takes a blade to her skin she is raw, rubbed, freshly shaven flesh The blade is sharp and draws blood And the droplets that race down her leg are now red.

Wet hair drying on her shoulders Vanilla body spritz and clear nail polish A bandaged nick like an undone thread in a tapestry Asma blends foundation On her cheeks and kohl·lines her eyes Rose coloured lipstick on her lips Now Asma treads carefully, She can't look too pretty, or they'll stop taking her seriously.

A stole wrapped carefully to hide her chest There are men on the streets that strip her naked With just their eyes A pepper spray in her handbag and a pocketknife in her jeans. She wonders if she will have to use someday Will it sink into flesh, or will it scrape against bone? The women's helpline number is tattooed Across the grooves of her brain Asma steps out into the world, to live her life through just another regular day.



Begin Again

It's the first date. I take the salted caramel popcorn You have an extra large Coke I'm wondering if I did the right thing by saying yes when you trip over your own shoelace And splatter sticky, cold cola all over my white shirt, and your eyes are fixed at my chest as I try to clean the mess I never call you back again

Wait. Let's go back.

Begin again— We settle down for the movie You told me it's a surprise When it starts playing, I realize it's slapstick comedy And you laugh all throughout the 1 hour 43 minutes at terrible sexist jokes I never call you back again Begin again— The movie starts My heart does a little cartwheel, We have the same taste, I'm enjoying it so much that I almost don't notice your hand, Sidling up slowly to rest squarely on my thigh I shake you off, you call me a prude as I walk out I never call you back again

Begin again— The movie was wonderful We can't stop discussing it and Our hands soon find their way to each other, It's getting colder, your hands are warm So I grip them tightly, But when you offer me your jacket, I refuse I get home And then I call you back again.

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Begin again...

Growing Pains

One morning I awoke to a stain on my bed sheet a mark blooming like a red flower My mother said I was becoming a woman Why did she seem so sad, then?

As I grew, I noticed How strangers in the street stared at the bulk in my shirt Uncle's hugs lingered a bit longer And bit by bit, all the shorts and miniskirts in my closet disappeared

And I brushed them all aside The lecherous glances, whistles and laughter that followed in my footsteps And I stopped going out after dark to watch the fireflies And I stopped playing football with the neighborhood boys

Sometimes I rest my head on ma's lap And I cry And I think why do things have to be this way? Ma says nothing I think she cries too.



Dream

The Writer's Process (Is Not Gentle)

Inspiration, elusive stranger arrives unexpectedly in the seconds before sleep, in the haze after lovemaking making poached eggs for breakfast or walking the dog

The birthing is difficult, it is not gentle, or elegant, or any of those beautiful things that writing is compared to, to push inspiration out into a tangible form there is blood, of course, torn muscles, the sight to see when legs are spread apart is often not pleasant; creation is not always beautiful Then, the glistening head of a new born, a breathing, purple-tinged alien is received the joy is boundless, but temporary, for then another struggle begins

You must nourish it breasts may turn sore, but the beast is not satiated easily it demands more, it mewls and screams and the writer knows no peace



then chisel it, carve, Michelangelo's apprentice muscles ache, sweet, salty sweat and maybe, even tears

What emerges of all that toil of the struggle of whittling thoughts into shape, of pruning a word here, a paragraph there, sandpaper, sandcastles, coffee, killing time and characters and plotlines is beauty, coal turned jewel yet the cautious writer is never too attached to this creature of his own creation

If ever he begins to resent it, find fault, or misstep or weakness he discards his work, without sentimentality, without filial affectations and soon embarks on the long, arduous journey of birthing another.

How to Eat an Octopus

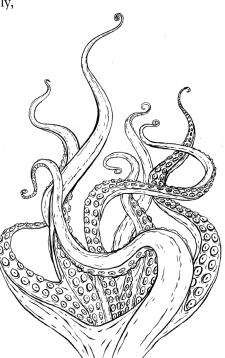
San-nakji (산낙지): a Korean raw dish that features a young live octopus cut into small pieces and served immediately.

Dinner tonight has: Three hearts. One systemic. Two branchial.

Feel a tinge of jealousy—you have only one, and it's already started to bruise.

Feel it scrape against your tongue raw, gelatinous, like toughened jelly, you expect also to taste brine and ocean but this little one was factory-farmed—it has not known the open water, never will.

Octopi can open jars, solve puzzles, remember faces every bite you take of its rubber skin is memory, cognition dissolving in your mouth.



Its tentacles, daubed in sauce and sesame seeds, dance morbidly on your plate, fighting your chopstick ever so often as the last of nerve activity ebbs through them. *Chew, chew faster.*

The suction cups kiss the roof of your mouth Sticking stubbornly to your gums as if trying to cling on for dear life It's a futile struggle. Your teeth sink into the slime.

Bite, chew, swallow, repeat. Flecks of octopus escape your mouth.

You begin to choke, octopus trapped in your throat choke because the creature in your mouth can navigate mazes, could have even learnt to recognize your face And you choke, because you realize you like its taste.

About the Poet

Eshna Sharma is the recipient of Wingword Poetry Prize 2019. She is an eighteen year old poet from Lucknow, India.

Eshna's work traces her personal growth as she matures, crossing the threshold from teenager to adult. In the book Girlhood, she expresses her disillusionment and disorientation of growing up, of finding out that the world has never been rosy. Eshna hopes that her poetry will strike a chord with teenage readers. She seeks to help them in developing their own perspectives and coping with a plethora of changes in order to make a healthy transition to adulthood.

Eshna recently started pursuing an undergraduate degree at Ashoka University, Sonepat.

Wingword Poetry Competition

Wingword Poetry Prize is an international writing competition open to both children and adults with a vigorous zeal for weaving words. It is organized on an annual basis by Delhi Poetry Slam, a prestigious literary organization based in the capital city of New Delhi (India).

The competition aims to provide a platform to alternative and unique voices in poetry, who write in English language. Since 2017, the competition has awarded more than 500 individuals who utilized poetry as a means to express their thoughts. Our winners come from all walks and creeds of life- be it school students, college-goers, engineers, doctors or retired government officials. Some of the winners belong to small towns like Gangtok or Coimbatore, whereas others live in bustling metropolitans like Mumbai or Kolkata. The lists of winners are far from exhaustive and surely continues to grow!

Prizes are awarded to those with talent in writing and a cumulative sum of \gtrless 5,00,000 (approx \$7,000) is distributed among the winners of the esteemed competition each year. In addition to receiving cash prizes, winners are invited to attend Wingword's prize giving event. The winning and commended entries will also be published in the annual anthology. Wingword Poetry Prize is open to entries from all over the world. With an emphasis on bringing the world closer through the medium of poetry, the competition envisages a global vision to value new-age thinkers with an Asian or African heritage. We believe that the language English unites us in ways more than one and we can uphold this regional diversity through an exchange of poetic magic.

We push our participants to think beyond the ordinary, extend their creativity and passion for writing. Selected poems showcase a fresh and authentic composition, brimming with a vitality of inventive surprises. The poems should have the ability to make us stop and reflect, smile, laugh or even cry. All themes are allowed- family, love, heartbreak, society, history or intricate observations on day-to-day life. It's your imagination, so let it run wild.

Read Other Books by Wingword

How To Love A Broken Man by Vancouver Shullai

How to Love a Broken Man is a collection of thoughtful and honest poetry exploring varied shades of life.

Author: Vancouver Shullai is the winner of Wingword Poetry Prize 2017. He was born and brought up in the Khasi community of Shillong, Meghalaya.

Riding On The Summer Train

Riding On The Summer Train is an anthology of poems that delicately represents the diverse voices and thoughts of the new generation of Indian poets. These are the winning poems of Wingword Poetry Competition 2019, celebrating the multitude of thoughts and the creative spirit of young people. **Girlhood** is a stentorian poetic revolt with its unapologetically independent voice. Eshna Sharma has seamlessly conjured up the prismatic panoply of poems that would profoundly resonate with young readers in the liminal phases of their lives. From poetry fervently brimming with the themes of societal evils, faith, gender, identity and familial bonds to the reminiscent recollection of first love in a refreshing, non-clichéd fashion, the poet has poignantly disrobed the world of its pretentiousness and poured its essence into her verses, in its raw and unconcealed glory.

Girlhood is a collection of twenty poems accompanied with imaginative illustrations by Manisha Naskar.



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